

MISSIONCIT
Critical Immersive Training



LIFTING AND MOVING PATIENTS

EMR Recert
EMS Care
Ch 38

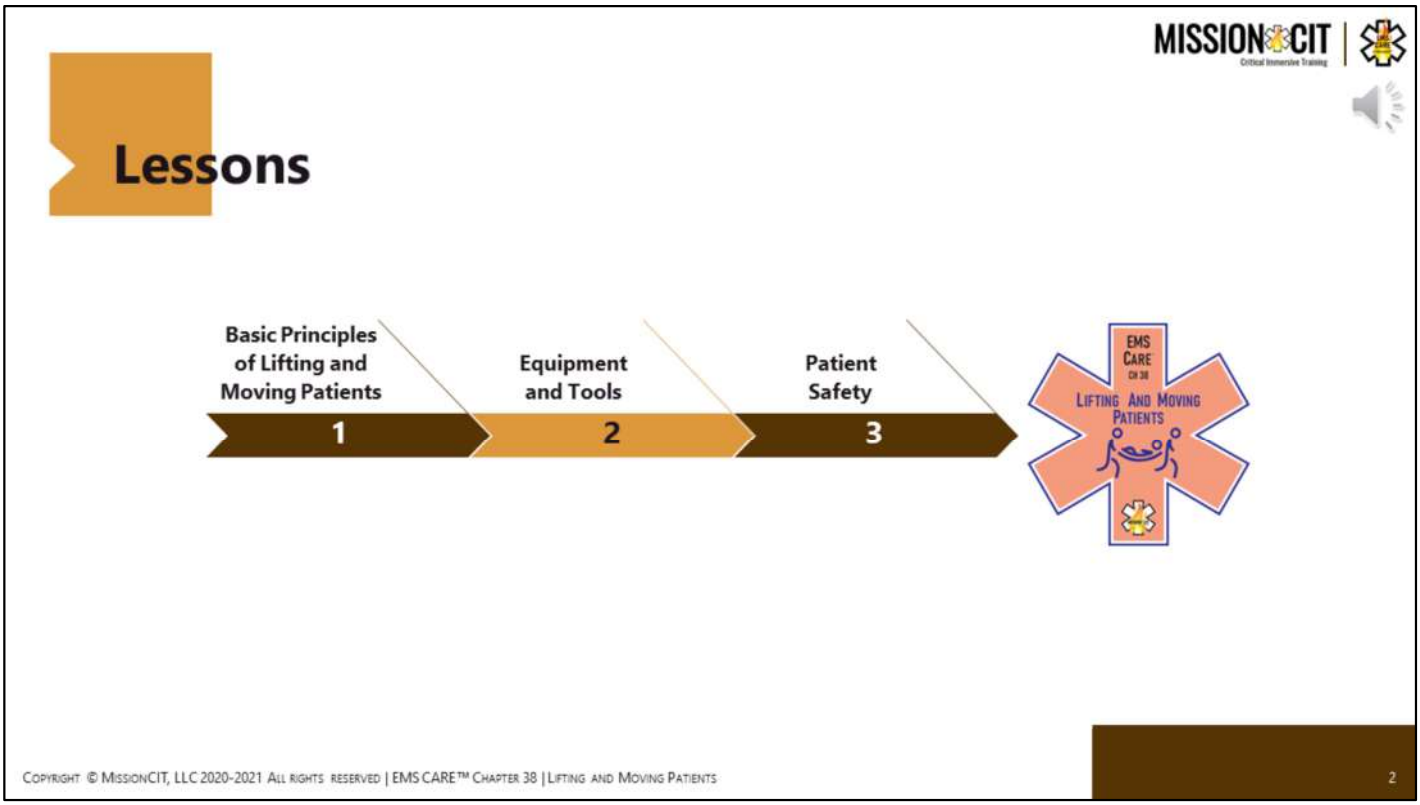
EMS CARE by MissionCIT

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Hi there! Thank you for choosing this MissionCIT course. I'm Missah and this is my colleague, Justin. Together, we will be presenting the material to you about lifting and moving patients.

Most times, in the thick of work pressure, we don't realize how we lift and move patients as long as we provide top-notch care for them. During such selfless acts, it is eventually your body that gets affected, and therefore back, and knee pains are more common than you'd like.

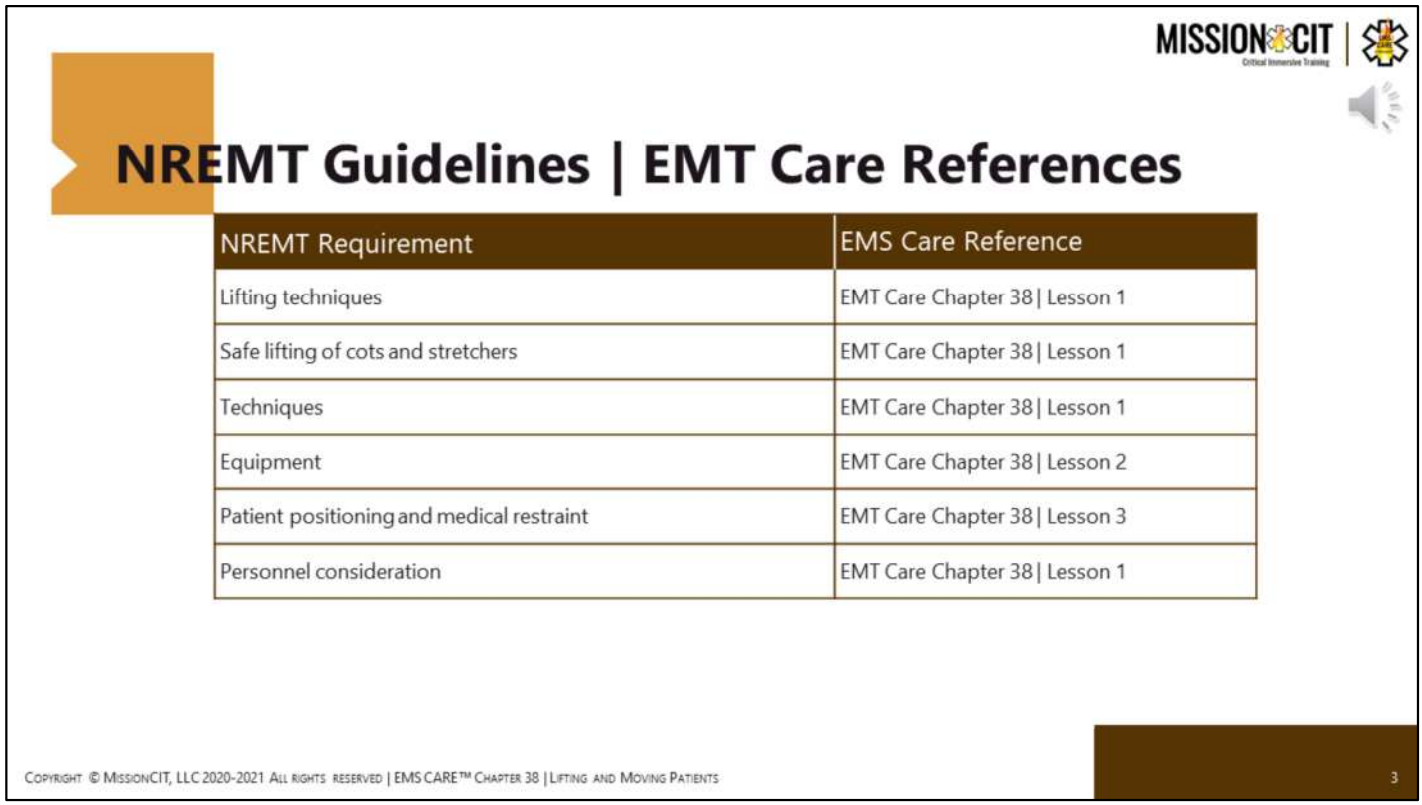
In this course, we will talk about some of the aspects to keep in mind while lifting and moving patients, so both your patient and you are safe and healthy.



We will review the following lessons in this chapter:

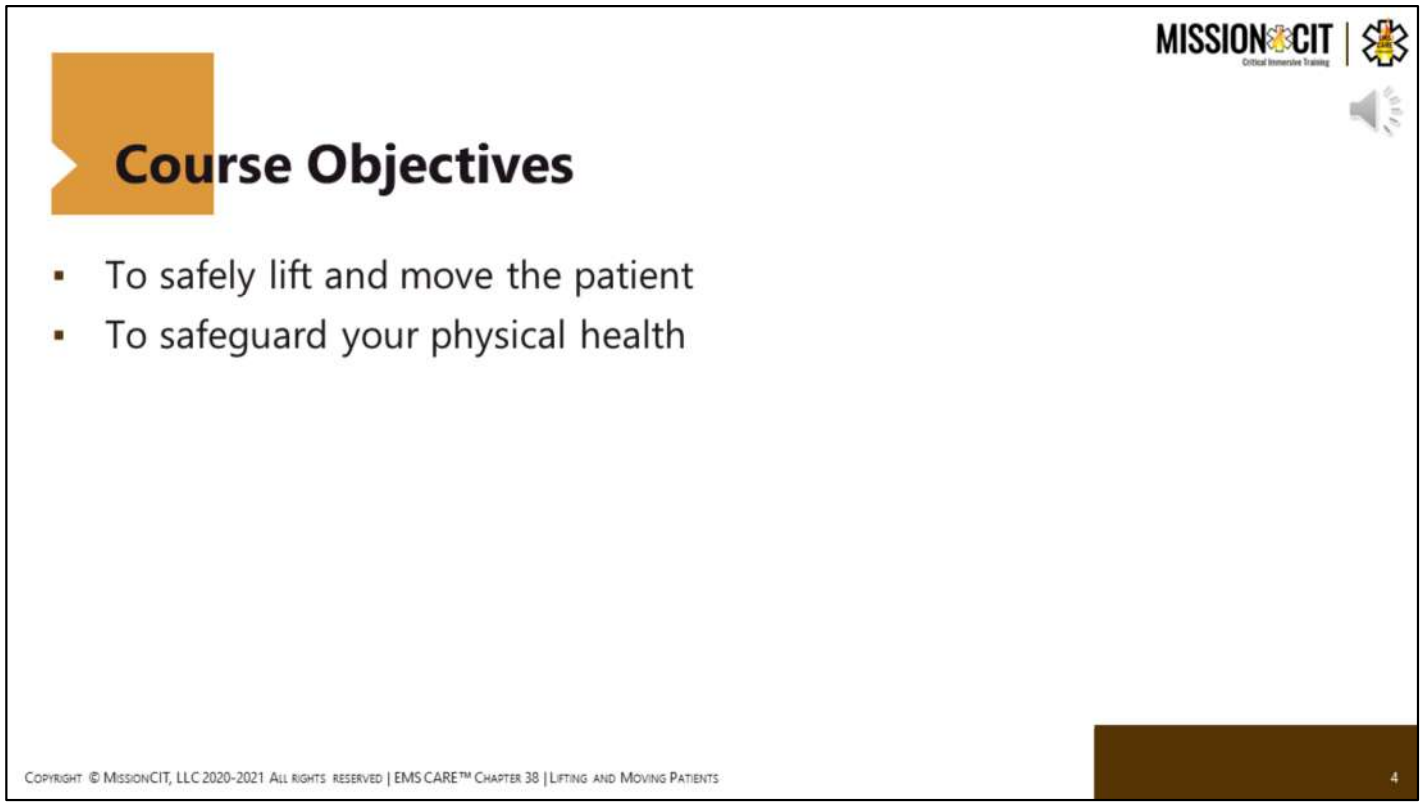
- Lesson 1: Basic Principles of Lifting and Moving Patients
- Lesson 2: Equipment and Tools
- Lesson 3: Patient Safety

We complete our studies with a Chapter Review followed by a quiz. You will need to watch all the lessons, answer the interactive questions; and finally score a 75% grade or higher on the quiz, to get credit for this chapter.



This course fulfills all the NREMT guidelines:

- Lifting techniques
- Safe lifting of cots and stretchers
- Techniques
- Equipment
- Patient positioning
- Medical restraint, and
- Personnel consideration



The objectives of this course are:

- To safely lift and move the patient
- To safeguard your physical health

Now that you have an idea of what to expect from this course, let's get started.