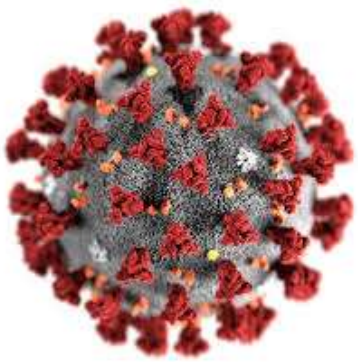


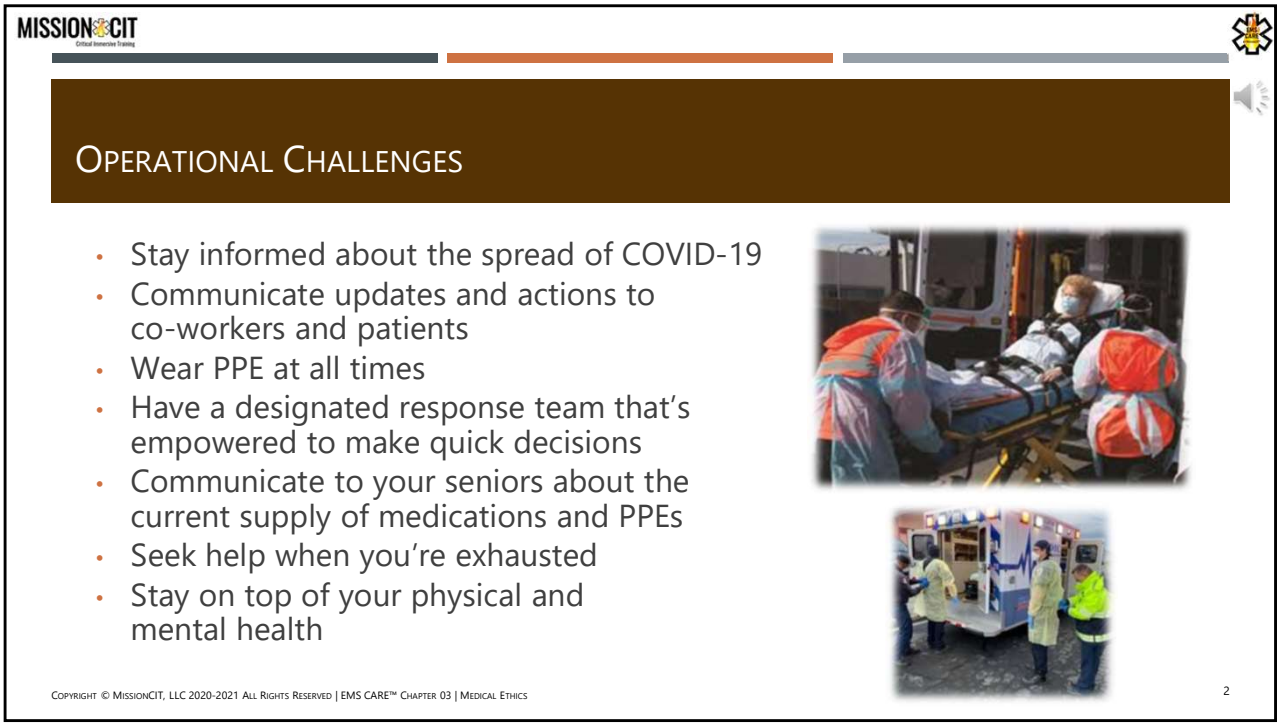


COVID-19 PROTOCOLS

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Thank you Missah!

COVID-19 is something that has impacted us and we will probably remember it for the rest of our lives! In this lesson, let's talk about the protocols involved in it and how they can be applied to other pandemics if they occur in the future.



COVID-19 has opened up many operational challenges as no country was prepared to handle what it entailed. Here are some ways to handle these operational challenges.

- Stay informed about the spread of COVID-19 and get ready to handle it at the system and community level
- Communicate updates and actions to co-workers and patients
- Wear PPE at all times
- Have a designated response team that's empowered to make quick decisions

- Communicate to your seniors about the current supply of medications and PPEs
- Seek help when you're exhausted
- Stay on top of your physical and mental health

MISSION CIT

PROTECTING YOURSELF

- Wear the right PPE
- Wash your hands as often as you can
- Actively screen patients for COVID-19 symptoms
- Implement the necessary controls to prevent the spread
- Make sure social distancing norms are practiced
- Advise social isolation and rest when needed
- Report about the symptoms

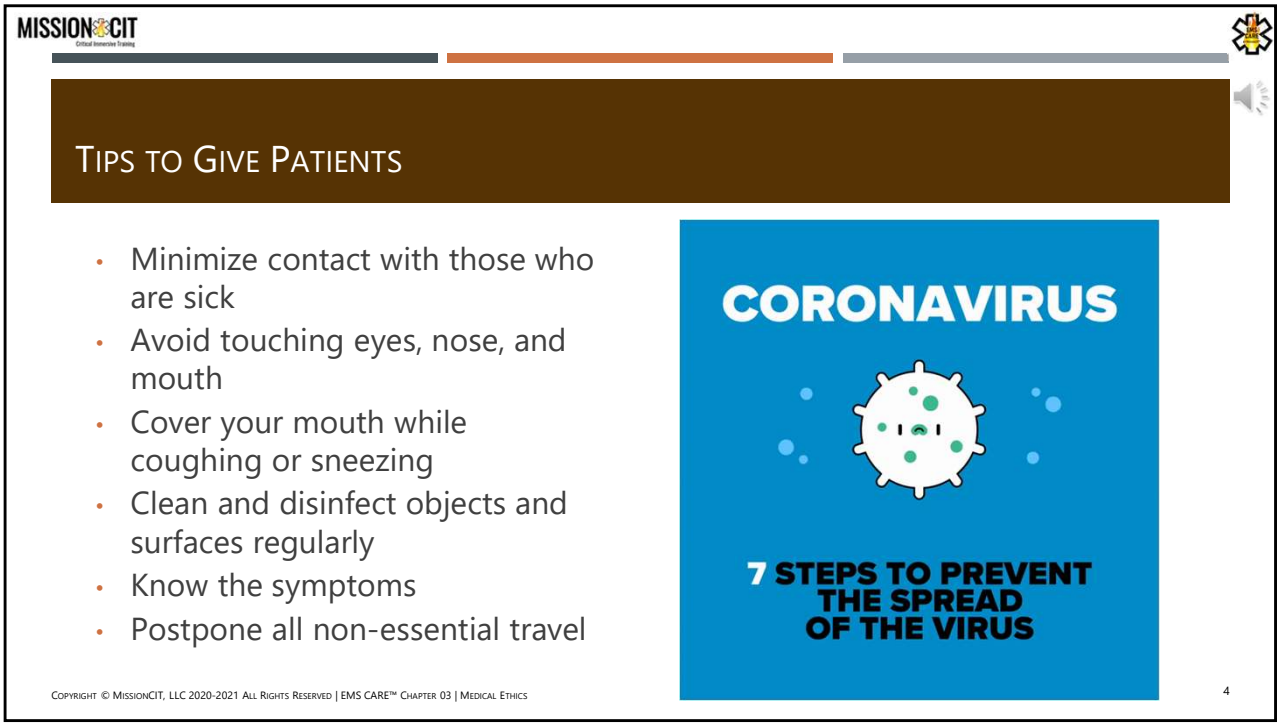


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3

Here are some measures to protect yourself while caring for sick patients.

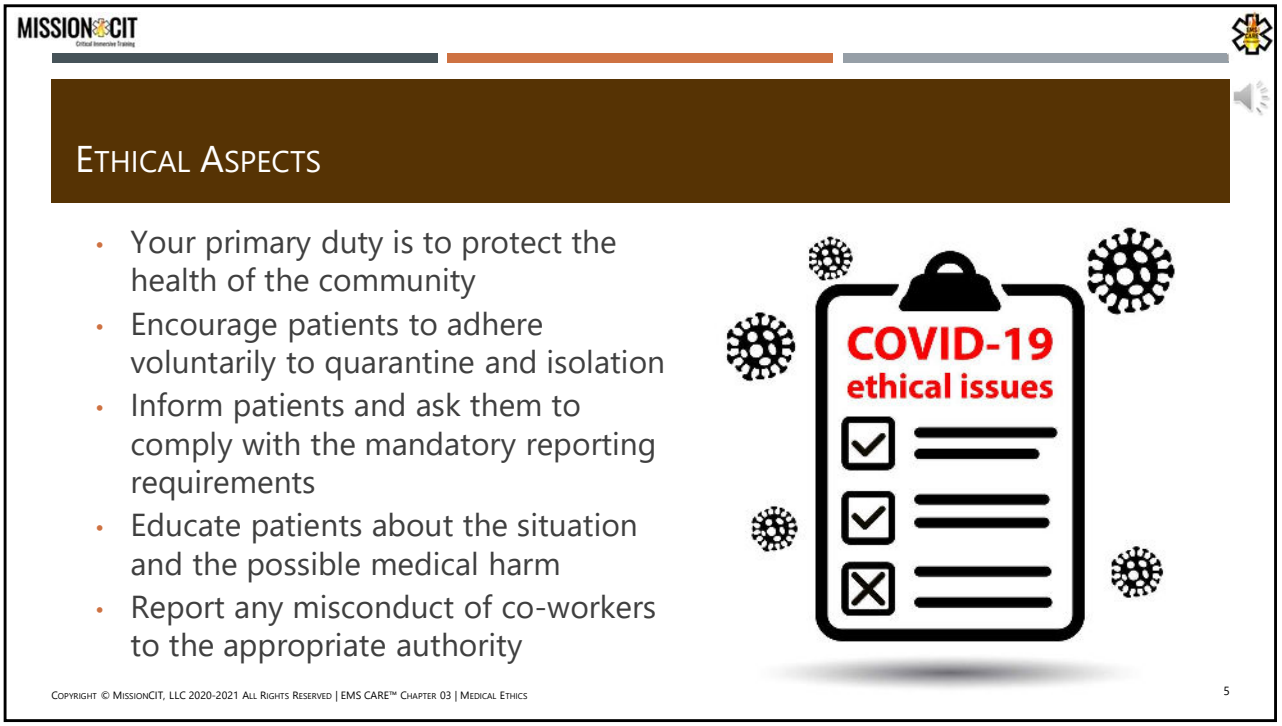
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- Actively screen patients for COVID-19 symptoms
- Implement the necessary controls to prevent the spread
- Make sure social distancing norms are practiced
- Advise social isolation and rest when needed, and
- Report about the symptoms



If a patient is infected with COVID-19 or has a possible exposure, ask the patient to go into self-isolation and inform the authorities right away.

Some general tips to give your patients are:

- Minimize contact with those who are sick
- Avoid touching eyes, nose, and mouth
- Cover your mouth while coughing or sneezing
- Clean and disinfect objects and surfaces regularly
- Know the symptoms
- Postpone all non-essential travel



COVID-19 has brought many ethical dilemmas on what you must do or mustn't, so here is a list of the ethical aspects to consider.

- Your primary duty is to protect the health of the community
- Encourage patients to adhere voluntarily to quarantine and isolation
- Inform patients and ask them to comply with the mandatory reporting requirements
- Educate patients about the situation and the possible medical harm

- Report any misconduct of co-workers to the appropriate authority

We end the lesson on this note and Missah will take you through the chapter reviews next.