

Thank you Justin!

Caring for critically ill patients can be challenging and emotional, so we will talk about what you can do to make life better for them and you.

Let's get started!

Providing Emotional Support

- Reassure critically-ill patients
- Their fear manifests as anger, depression, anxiety, sadness, etc.
- Be empathetic
- Listen patiently
- Say a few encouraging words without giving false hope

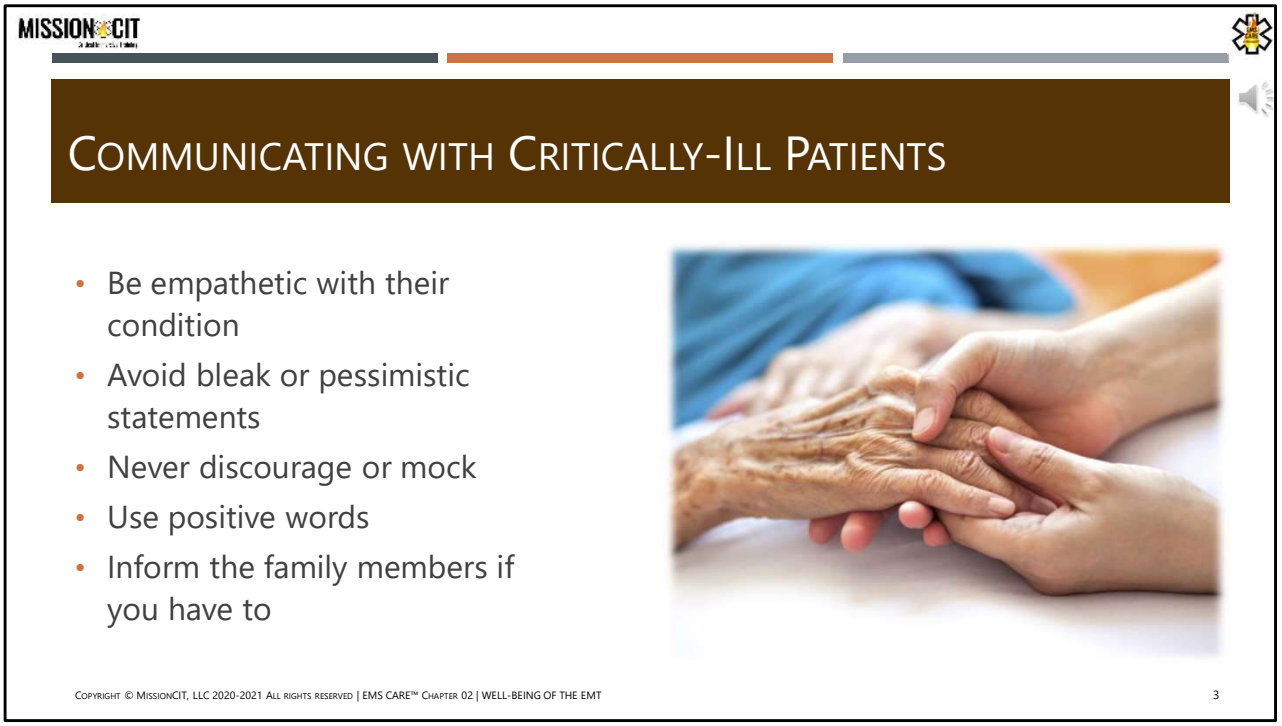


Copyright © MissionCIT, LLC 2020-2021 All rights reserved | EMS CARE™ Chapter 02 | Well-Being of the EMT

There's no doubt that critically ill patients need medical help. In most cases, either they are already under treatment, or you'll have to transport them to a hospital right away. During this time, they also need a lot of emotional help and reassurance that they will feel better again.

This fear of disease or even death manifests in the form of emotions such as anger, depression, sadness, crying, and more.

When you have to care for such patients, be empathetic, listen to what they have to say even if they repeat it many times over, and share a few encouraging words that would make their day.



Here are some considerations while communicating with critically ill patients:

- Be empathetic with their pain and condition.
- Avoid bleak or pessimistic statements.
- Never discourage or mock them.
- Use positive words while explaining their health condition, but ensure that you don't give them false hope.
- Right away, inform the family members of the patient's condition.